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| DELAWARE TECHNICAL & COMMUNITY COLLEGE **CORPORATE & COMMUNITY PROGRAMS** | | |
| **Campus/College wide:** | Wilmington | **Effective Date:** 1/10/2011 |
| **Department:** | Workforce Training | |
| **Course Number and Title:** | EYK 603: Certified Nursing Assistant (CNA) | |
| **Prerequisite:** | 1. Attend Information Session 2. “College Ready” Reading & Math Skills (as measured by TABE, CPT, or proof of successful college course completion) | |
| **Course Description:** | In this 220-hour course, students learn to safely perform basic nursing skills under the supervision of the licensed nurse in a health care facility. Communication, observation, and documentation skills are incorporated to aid the student in meeting the psychological, physical and environmental needs of the patient. Following successful completion of this course and 110-hour internship, the student will be qualified to take the Nurse Aid Competency Examination for certification. | |
| **Required Text(s):** | Mosby’s Essentials for Nursing  American Heart Association Heartsaver CPR Student Workbook | |
| **Additional Materials:** | Nursing Kit, Red Cross CPR Handbook | |
| **Method of Instruction:** | Lecture, Laboratory, & Clinical experience | |

**Measurable Performance Objectives**

Upon completion of this course, the student will:

1. Collaborate effectively with members of health care team.
2. Demonstrate accountability inherent in the nursing assistant role.
3. Identify the basic physical and emotional needs of the acute and chronically ill and the geriatric patient.
4. Apply basic knowledge and skills to provide assertive care to patients/residents in health care facilities.
5. Perform nursing assistant skills in a safe and therapeutic manner.
6. Demonstrate CPR at the heart saver level.
7. Identify abuse potentials and appropriate reporting of abuse.
8. Apply basic principles of infection control.
9. Identify risks and assist with emergency procedures.
10. Provide a safe clean environment.
11. Demonstrate appropriate and effective communication skills with health care professionals.
12. Demonstrate ability to effectively communicate with residents who are cognitively impaired and/or with mental health disorders.
13. Apply basic nutrition principles relating to preparation and serving of meals.
14. Identify major body systems.
15. Demonstrate skills which incorporate principles of restorative care.
16. Provide basic nursing care to the resident when death is imminent.
17. Identify safety risks and demonstrate appropriate safety precautions.
18. Identify and apply HIPA regulations.
19. Demonstrate appropriate use of medical abbreviations when documenting patient care.
20. Perform the following skills:
21. Handwashing
22. Patient transfers with use of gait belt
23. Bed making
24. Bathing, perineal care, catheter care, foot care, nail and hair care
25. Feeding
26. Measurement of intake and output, weight, pulse and respirations
27. Range of motion of the upper and lower extremities
28. Mouth care and denture care
29. Positioning patients in bed and chairs
30. Dressing and undressing resident with and without paralysis/Hemiplegia
31. Ambulate resident with a gait belt and walker.
32. Assist or perform activities of daily living for the long term care resident

**Evaluation Criteria/Policies:**

Students must demonstrate proficiency on all measurable performance objectives at least to the 75 percent level to successfully complete the course. If the student meets all objectives, a grade of “Y” is awarded; otherwise a grade of “N” is awarded.

Specific evaluation measures to determine student success on identified competencies are explained as part of the course outline.